

8U Menehune Basketball Rules

1. Each player must sign the waiver form prior to playing at the beginning of the season/league. (Parent or legal guardian must sign if player is under 18 years of age)
2. Each player is responsible for his own medical insurance.
3. **ABSOLUTELY NO ALCOHOL IS ALLOWED ANYWHERE ON THE FACILITY**
4. Most NCAA rules will apply (unless superseded by house rules)
 1. Free throws will be on the release of the ball before you may enter the lane.
5. **Five fouls disqualifies a player;** a technical foul counts as a personal and a team foul.
 1. 5 Personal fouls disqualifies a player (all divisions). Team fouls carry over into overtime
 2. **Once a player receives three technical fouls, the player will be banned from the league immediately and potentially future seasons.**
 3. Team will shoot two free throws and be given the ball.
 4. First technical received by any player will need to be substituted out by another player. **Technical Foul will be an automatic +2 points to the other team (To prevent time wasted), unless it is the last 2 minutes of the game and they will shoot two free throws and the ball will go in the direction of play.** Second technical will result 1 game suspension from the league and will face consequences which may lead to being suspended for the remainder of the season. Must be paid prior to next scheduled game.
6. Games will consist of two 17 minute halves.
 1. Teams will receive 1-3 minute warm up time between each game. (Depending on the time-WE NEED TO TRY TO STAY ON TIME FOR GYM RENTAL PURPOSES)
 2. Half time will be 1:00 long
 3. **ABSOLUTELY NO FULL-COURT PRESSING!**
 1. **As the violation occurs, the game will be stopped and the defensive team will need to retreat back to the half-court line.**
 4. **Officials will do his/her best to call ALL violations (INCLUDING ALL TRAVEL VIOLATIONS) deemed necessary**
 5. First Overtime will consist of a 1-2 minute overtime, before sudden death (second overtime).
 6. If the game is tied after one overtime, the game will be decided by sudden death (First team to score, **non-playoff games**).
 7. During playoffs, if game is tied after one overtime, there will be 2 min stop time, 1 timeout per team.
 1. It will continue until there is a winner.
 2. It may be sudden death if we are running behind.
 8. **OVERTIME RULES WILL BE ADJUSTED BASED ON GYM RENTAL TIME: JIMMY MIYASAKA or League manager doing the clock HAS THE LAST SAY TO HOW IT WILL PLAY OUT.**
 9. **All boys divisions (4th to varsity) will use the men's size ball 29.5.**
 10. **All girls divisions will use 28.5 size ball.**
7. SHOT CLOCK: For 30 seconds shot clock you will have a 10 second back court count that will only reset if the offensive team calls a time out.
8. BACKCOURT Rule: All divisions can pass the ball to the back court in the out of bounds.

OVERTIME RULES:

9. Each team will receive 4 timeouts per game, 2 time out in the first half and 2 in the second half.
 1. NO CARRYING OVER.
10. Teams will receive one time out during the overtime (no carry over).
 1. **The ball can be advanced to half court during the SECOND HALF of the game and under two minutes remaining** on a made basket or a non-basketball move.
11. No jewelry or headwear allowed during the game that can potentially cause harm. **JIMMY MIYASAKA has the last say about what is allowed.**

12. Teams will be required to have jerseys for every player if not it will be +2 points awarded for each non-jersey or double number player plus a team foul.
 1. **Technical foul/Penalty points will be assessed for the following violations:**
 1. The jersey/shirt must have a number on either the front or back, visible for the officials to see.
 1. Opposing team will also be awarded two points plus the team foul for the awarded technical foul
 2. No duplicate numbers
 1. Opposing team will also be awarded two points plus the team foul for the awarded technical foul
 2. **Menehune Basketball President Jimmy will make exceptions based on team colors and patterns to help distinguish the two teams. They will need an approval of play by Jimmy Miyasaka to avoid the technical foul. (REV 12/31/17)**
13. **The Game ball will be supplied by Menehune Basketball (Official WUCO Premier Game Ball)**
14. Teams may start a game with FOUR players
 1. There will be a five-minute grace period before game is considered a forfeit
 2. Players from other teams are NOT allowed to play with any other team in the league.
 3. Spectators are not allowed to participate with any team.
 4. Game can be played with four players for entirety of the game
15. Please arrive on time.
 1. Penalty for a forfeit will result in possibly losing your spot in the following seasons plus an assessed fee
16. All players participating in the league must be on the team roster.
 1. Every team must submit a roster before the league starts
 2. Only players on the active roster can participate in the playoffs.
 1. If any player is not on the official roster, team will be awarded a technical foul plus a team foul
 2. Opposing team will be awarded two points
 3. Players must play TWO regular season game in order to participate in the playoffs.
17. Poor sportsmanship/fights
 1. Any poor sportsmanship during the course of the league will result in the player being removed from the remainder of the game and depending on the severity of his/her action may be kicked out of the league permanently.
 2. **Any racial gesture or derogatory offensive slur will be an automatic technical foul. (Rev. 9/5/17)**
 3. **Flagrant 2 foul will result, but not limited to an automatic ejection from the game, a minimum 1 game suspension and possible disqualification for the remainder of the season/league. (Menehune Basketball Committee will have the final say to it) (9/5/17)**
 4. **Fighting will NOT be tolerated and if you violate this rule, the player will be banned immediately from the league. NO REFUNDS!!!!**
 5. **ONLY CAPTAINS are allowed to talk to the officials and scores tables.**
18. Order of tie-breakers (if necessary):
 1. Head-to-head
 2. Margin of victory
 3. Least points allowed among tied teams
19. Please pick up your trash and keep sports drinks in your bag and off of the gym floor.
20. **Menehune Basketball and any park gym will have the right to band a player form participating in any games if they do not abide by the rules.**
21. Please meet new people and have a fun time in the Menehune Basketball League!
22. **Menehune Basketball Committee will have the final say to any rule above to overrule it.**
23. **If your team needs jerseys, please contact JIMMY MIYASAKA and WUCO ATHLETICS for custom team jerseys.**